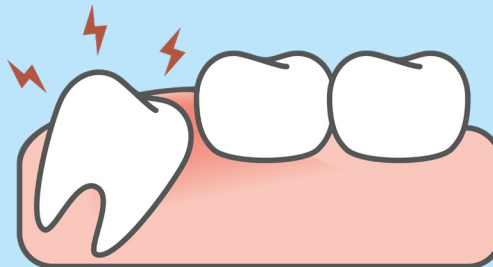
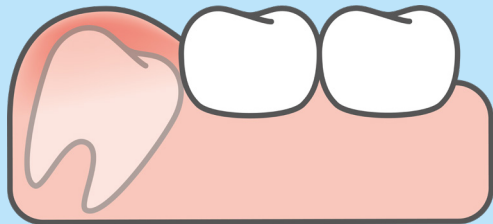
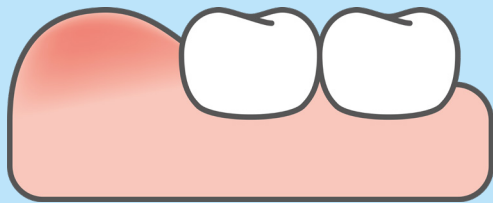


MANAGING WISDOM TOOTH PAIN



PAINFUL TOOTH AND SORE/INFLAMED GUMS?

Wisdom tooth pain is usually due to inflammation of the gum over the erupting tooth, which can be worsened by trauma from biting. Most flare ups should settle in a few days to a week, and can be managed with good home care:

- ◆ Excellent cleaning (even if it is painful to brush, the area must be kept clean to encourage healing).
- ◆ Corsodyl mouthwash (avoid use for more than one week as this may cause staining).
- ◆ Soft diet (soft food will reduce trauma from biting).
- ◆ Painkillers (following packet instructions).
- ◆ Warm salty mouthwash.

If you have difficulty swallowing, swelling in your face or cheek or difficulty opening your mouth, call your dentist. You may need antibiotics if an infection is spreading.